PE	Reception	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1
	Me, Myself & I	Netball Planning	Volleyball	Hockey Planning	Hockey Planning	Football Planning	Handball Planning
	Planning		Planning				
		Team Games		Invasion Games	Invasion Games	Invasion Games	Invasion Games
	Awareness	Technique	Catching	Technique	Technique	Field Games	Technique
Term	Movement Patterns	Drop Ins	Throwing	Drop Ins	Drop Ins	Technique	Drop Ins
1	Locomotion Skill	Identify Skill	Striking	Identify Skill	Identify Skill	Drop Ins	Identify Skill
_	Behavioural			Defend/Attack	Defend/Attack	Identify Skill	
	Instruction			Principles	Principles		
	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2
	Dance	Circuit training	Circuit training	Swimming	Dance	Dance	Dance
	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1
	Movement Development	Tag Rugby Planning	Football Planning	Tag Rugby Planning	Basketball Planning	Netball Planning	Basketball Planning
	Planning					Netball	
		Catch/Avoid/ Evade	Invasion Games	Catch/Avoid/ Evade	Technique Sessions	Key Skills	Understanding Defence v
	Spatial Awareness	Technical Drop Ins	Technique Sessions	Technical Drop Ins	Identify Skill	Tactics	Attack
	Travelling	Identify Skill	Identify Skill	Identify Skill		Technique	
Term	Range of Movements		Defend & Attack				
2			Principles				
	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2
	Real Foundations -	Dance	Dance	Swimming	<u>Gymnastics</u>	Gymnastics	Gymnastics
	Faiytale						
	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1	TOPIC 1
	Fun and Games planning	Football Planning	Netball Planning	Basketball Planning	Football Planning	Basketball planning	Hockey Planning
	Awareness	Send and receive the	Team Games	Pass, shoot and receive	Send and receive the	Key Skills	Invasion Games
	Movement Patterns	ball	Technique	the ball	ball	Tactics	Technique
	Locomotion Skill	Dribble the ball at speed	Drop Ins	Apply basic attacking	Tactics	Technique	Drop Ins
	Behavioural	Spatial Awareness	Identify Skill	and defending principles	Positioning		Identify Skill
	Instruction	Ball control		51 100			Defend/Attack Principles
Term							
3							
	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2

	Gymnastics	Gymnastics	Gymnastics	Dance	Swimming	Dance	Dance
Term 4	TOPIC 1 Throwing and Catching Planning Manipulation Focus 1.Catching 2.Aiming	TOPIC 1 Basketball planning Sending and receiving (throwing and rolling) Throwing and catching Basic tactics	TOPIC 1 Hockey Planning Team Games Technique Drop Ins Identify Skill	TOPIC 1 Cricket Planning Striking & Fielding Technical Sessions	<u>TOPIC 1</u> Tri Golf Planning Striking & Fielding Technical Sessions	<u>TOPIC 1</u> Orienteering Planning Outdoor & Adventurous Activities	TOPIC 1 Orienteering Planning Outdoor & Adventurous Activities
	TOPIC 2 Dance	<u>TOPIC 2</u> Gymnastics	<u>TOPIC 2</u> Dance	<u>TOPIC 2</u> Gymnastics	<u>TOPIC 2</u> Dance	<u>TOPIC 2</u> Swimming	<u>TOPIC 2</u> Gymnastics
Term 5	TOPIC 1 Fun and Games Planning Show understanding of the need for safety when tackling new challenges Adjust speed and direction to avoid obstacles	TOPIC 1 Tennis planning Manipulation Focus Ball Skills Technical Session	<u>TOPIC 1</u> Tag Rugby Planning Catch/Avoid Evade	<u>TOPIC 1</u> Rounders Planning Striking & Fielding Technical Session Identify Skill	<u>TOPIC 1</u> Orienteering Planning Outdoor Adventurous Activities	TOPIC 1 Rounders Planning Striking & Fielding Technical Session Identify Skill	<u>TOPIC 1</u> Cricket Planning Striking & Fielding Cricket Technical Sessions Identify Skill
	TOPIC 2 Gymnastics	TOPIC 2 Athletics	TOPIC 2 Dance	TOPIC 2 Athletics	TOPIC 2 Gymnastics	TOPIC 2 Athletics	TOPIC 2 Athletics
Term 6	TOPIC 1 Ball Skills Planning Manipulation Focus 1. Ball Skills 2. Sports Day Practice	TOPIC 1 Cricket Planning Catching Throwing Striking	<u>TOPIC 1</u> Rounders Planning Catching Throwing Striking	<u>TOPIC 1</u> Tennis Planning Catching Throwing Striking	TOPIC 1 Cricket Planning Catching Throwing Striking	TOPIC 1 Tennis Planning Sending & Receiving Gameplay Principles	<u>TOPIC 1</u> Hockey Planning Invasion Games Technique Drop Ins Identify Skill Defend/Attack Principles

TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2	TOPIC 2
Athletics	Dance	Athletics	Dance	Athletics	Gymnastics	Swimming

Topic 1 – Taught by sports coach

Topic 2 - Taught by the class teacher