

	Gymnastics	Gymnastics	Gymnastics	Dance	Swimming	Dance	Dance
Term 4	TOPIC 1 Throwing and Catching Planning Manipulation Focus 1.Catching 2.Aiming	TOPIC 1 Basketball planning Sending and receiving (throwing and rolling) Throwing and catching Basic tactics	TOPIC 1 Hockey Planning Team Games Technique Drop Ins Identify Skill	TOPIC 1 Cricket Planning Striking & Fielding Technical Sessions	TOPIC 1 Tri Golf Planning Striking & Fielding Technical Sessions	TOPIC 1 Orienteering Planning Outdoor & Adventurous Activities	TOPIC 1 Orienteering Planning Outdoor & Adventurous Activities
	TOPIC 2 Dance	TOPIC 2 Gymnastics	TOPIC 2 Dance	TOPIC 2 Gymnastics	TOPIC 2 Dance	TOPIC 2 Swimming	TOPIC 2 Gymnastics
Term 5	TOPIC 1 Fun and Games Planning Show understanding of the need for safety when tackling new challenges Adjust speed and direction to avoid obstacles	TOPIC 1 Tennis planning Manipulation Focus Ball Skills Technical Session	TOPIC 1 Tag Rugby Planning Catch/Avoid Evade	TOPIC 1 Rounders Planning Striking & Fielding Technical Session Identify Skill	TOPIC 1 Orienteering Planning Outdoor Adventurous Activities	TOPIC 1 Rounders Planning Striking & Fielding Technical Session Identify Skill	TOPIC 1 Cricket Planning Striking & Fielding Cricket Technical Sessions Identify Skill
	TOPIC 2 Gymnastics	TOPIC 2 Athletics	TOPIC 2 Dance	TOPIC 2 Athletics	TOPIC 2 Gymnastics	TOPIC 2 Athletics	TOPIC 2 Athletics
Term 6	TOPIC 1 Ball Skills Planning Manipulation Focus 1. Ball Skills 2. Sports Day Practice	TOPIC 1 Cricket Planning Catching Throwing Striking	TOPIC 1 Rounders Planning Catching Throwing Striking	TOPIC 1 Tennis Planning Catching Throwing Striking	TOPIC 1 Cricket Planning Catching Throwing Striking	TOPIC 1 Tennis Planning Sending & Receiving Gameplay Principles	TOPIC 1 Hockey Planning Invasion Games Technique Drop Ins Identify Skill Defend/Attack Principles

	<u>TOPIC 2</u> Athletics	<u>TOPIC 2</u> Dance	<u>TOPIC 2</u> Athletics	<u>TOPIC 2</u> Dance	<u>TOPIC 2</u> Athletics	<u>TOPIC 2</u> Gymnastics	<u>TOPIC 2</u> Swimming

Topic 1 - Taught by sports coach

Topic 2 - Taught by the class teacher